

How To Change
Your Relationship
Status
HANDBOOK

Quezzy The CEO

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CHANGE YOUR RELATIONSHIP STATUS

In this brief handbook, we are going to be answering 4 very important questions.

1. How do you know when you are ready to be in a relationship?
2. How do you find someone to be in a relationship with?
3. What is the best way to get to know someone new?
4. How do you know if someone is the right person for you?

By the end of this handbook, you should have a better understanding of what it truly means to be in a relationship with someone. You should also be able to recognize Mr. or Mrs. Right when they finally cross your path. The road to a happy relationship is a rocky one. I'd like to thank you for letting me be a part of your journey. Now, lets see if we can change your relationship statue!

HOW DO YOU KNOW WHEN YOU ARE READY TO BE IN A RELATIONSHIP?

Question #1: Are you happy with yourself?

A lot of us want to get into a relationship in order to fix things we don't like about our life. We may be lonely, we may feel unattractive, and we may even be financially unstable. If the reason you want to be in a relationship is that you don't feel complete or happy with yourself, then any relationship that you get into is going to be doomed from the beginning. Being in a relationship is not a quick fix for your deep-rooted emotional, psychological, or financial issues. You cannot expect someone to love you if you don't love yourself. You cannot expect someone to make you happy if you don't know how to make yourself happy. What do you want to do with your life? What goals do you have? Do you spend most of your day feeling bored or depressed? Are you trying to get into a relationship just so you will have something to do? Before you decide that you want to be in a relationship you need to know who you are as a person and what you want out of life. You need to know what it's going to take for you to be happy all by yourself. You need to know what's going to make you feel proud to be you. Do you want to finish school? Do you want to start your own business? Do you want to share your ideas and talents with the world? These are all things that you are

going to have to accomplish by yourself and for yourself. Being in a relationship means having someone to share your life with. The problem is, for most of us, our relationship is our life and that means that we are nothing without it.

Question #2: Why do you want to be in a relationship?

Relationships can come with a lot of headaches. You have to care about other people's wants and needs. You have to plan your day taking into consideration another person's schedule. You have to make compromises and can't always do the things you want to do when and how you want to do them. So why do we want to be in a relationship so badly?

Do you want to be in a relationship because we're lonely? Loneliness is not a good reason. Loneliness is probably the worst possible reason there is to enter into a relationship. Loneliness doesn't care who you choose to partner up with. Loneliness doesn't care if the person is compatible with you or not. Loneliness doesn't care if the person is going to treat you right or not. Loneliness

just wants someone to be physically there. Having someone present doesn't mean that you are in a relationship.

Do you want to be in a relationship because of the money? Financial stability is also not a good reason. Many people get into relationships as a way to improve their economic situation. I know that times are hard, but being in a relationship with someone simply because they can provide you with a higher standard of living is going to give you more problems than benefits. If you are looking for a sugar mama or sugar daddy just be honest with yourself and your partner and know that the relationship is probably not going to last very long because when the money's gone, so are you.

Do you want to be in a relationship because of the sex? A lot of people get in relationships simply so they can have someone

consistent to have sex with. I know there are a lot of diseases out there and it's not good to sleep around with just anybody, but if consistent sex is the main reason you want to be in a relationship you would be better off just handling your business yourself. Sex does not lead to a loving and lasting relationship. Sex is like the icing while the quality time and communication is the cake. Now don't get me wrong, icing is delicious. But it's not going to fill you up like cake will.

Question #3: Are you over your last relationship?

Some of us are not used to being alone. As soon as one relationship ends we jump headfirst into the next one. We usually don't take the time to figure out what went wrong or what we can do to make the next relationship better. We still may have unresolved issues or lingering feelings for our previous partner and it's not fair to enter into a relationship with someone new if your mind and attention are still focused on someone else.

So how do you get over your past relationship? first, you have to ask yourself "is it truly over?" Do you see yourself trying to get back together in the future? Who initiated the Break-Up? If it was you, why did you decide to end the relationship? If it was your partner, what happened that made them end it? The hard part about moving on is that the relationship didn't start out bad. There is something that you genuinely like or used to like about your ex and you can't help but imagine what life would be like if things had been different. But you have to be realistic. If you did something wrong, you cannot expect your ex to want to be with you. If your Ex did something wrong, you cannot expect them to change their behavior or treat you better. Take the time to grieve the death of the relationship. I know that people say that the best way to get over someone old is to find someone new. Meeting someone new might get your attention off of your grief for a second, but it will not erase the fact that you have unresolved issues with your previous partner. All you are doing is setting yourself up to have double the problems. Take the time you

need to get over your past relationship. Your next relationship will thank you for it.

Question #4: What Are you looking for?

If you have ever been in a failed relationship then you probably already know what you can and can't put up with. What are some of the things you liked about your old relationships? What are some of the things that you hated? Be honest with yourself. What physical characteristics attract you the most? What personality traits are the most compatible with your own? Do your preferences contradict each other? Meaning, do you like bad boys but once you get into a relationship with them, they treat you, well, bad? Do you want a person that is a hard worker, but when you get into a relationship with them they are always working and never have time for you? Each of us is different. You are the only one who knows what you are looking for and what type of person would be perfect for you. The key is not to settle for someone that you know you will not be happy with in the long run. It is true that nobody is perfect and you will have to make some compromises, but don't let your loneliness or your desire to be in a relationship override your good judgment.

Question #5: Is It the right time?

let's say you are perfectly happy and comfortable with where you are in your life and you are completely over all of your past relationships. let's say that you know why you want to be in a relationship and you know the type of person you are looking for. Now you have to ask yourself one last question. Do you actually have time to be in a relationship right now? Being in a relationship requires a lot of your attention. If you are in school or you are focused on your career, right now might not be the best time to start a new relationship. You need to figure out what your priorities are. It is completely possible to juggle your goals and ambitions and have a satisfying and happy love life at the same time. You just have to make

How To Change Your Relationship Status Handbook

sure you have your personal affairs halfway under control before you invite someone in to occupy even more space in your already busy life. No one likes to feel neglected. No one likes to feel like they are being put on the back burner. If you have a lot of things on your plate that you feel are worth your time and concentration you need to seriously think about waiting a little longer to get into anything serious with someone new. At the end of the day, you are the only one who knows whether or not the time is right. If you feel like you are ready to find that perfect someone, then it's time to stop sitting on the sidelines and get into the game!

HOW DO YOU FIND SOMEONE TO BE IN A RELATIONSHIP WITH?

If you feel like you have your life pretty much under control and you are happy with who you are and you feel it is the right time to start looking for Mr or Mrs right, then it may be time to put yourself out there. So how do you go about putting yourself on the market? That will depend on the type of person you are and the type of personality you have.

Make yourself approachable

One way to meet someone new is to have them approach you and introduce themselves. Some people are not comfortable with approaching people and rather wait for potential partners to approach them. If this is you then you need to learn how to put yourself in position to be in the right place at the right time. You also need to make sure you are approachable. While we all want to look our best, if you expect to be approached, you might want to dress down a little bit. People are easily intimidated when you look overly attractive. Also, try not to surround yourself with a group of friends. Most people will not come up to you if you are in a group, especially if you

How To Change Your Relationship Status Handbook

are in the center of the group. If you are out with friends, spend some of your time away from them either dancing by yourself or sitting or standing somewhere alone. You don't have to be at a club or bar. This technique can work anywhere. The goal is simply to give someone the opportunity to approach you. Another example of making yourself approachable is if you are out somewhere and you see someone interesting that you wouldn't mind getting to know, make it a point to position yourself in their way. If you are at a grocery or department store, you could pretend to be looking at items on the shelf or on the rack. There is always a tactful way to make yourself be noticed.

Talk to people

Another way to meet someone new is to talk to people. If you are the type of person that doesn't mind approaching people then there are a few things that you must keep in mind. first, dress to impress. You want to stand out and leave a memorable impression from the start. If you do not visually catch someone's attention then it is less likely that they will take the time to listen to you. Second, don't be rude. You have to talk to people with respect, especially if you don't know them. You also must remember that how you speak to people is how you will be judged. You don't want to come across as immature or childish. Third, choose your battles wisely. You have to remember that not everyone is interested in having a conversation with you. look for signs to let you know that your presence is welcome. If someone looks like they are having fun with friends or it seems like their attention is focused on something else it might not be a good time to interrupt them. It is not always possible to accurately gauge whether or not it will be okay to introduce yourself to someone and when in doubt go ahead and shoot your shot. Just understand that the worst that anyone can tell you is that they are not interested. All you have to do is find someone else that interests you and try again.

(Where should you go to meet people?)

Dating apps

With so many people in the world, it's hard to figure out where to begin looking for the one that is right for you. Right now it seems like everyone is on their phone logged into a dating app. This can be a good tool because it takes away the anxiety of meeting people face-to-face and it gives you a way to take your time and get to know somebody at your own pace. Just keep in mind that there are a lot of catfishers out there and there is really no way to know if the person in the picture is who they say they are unless you are willing to video chat or meet up with them in person. People can show pictures of anything and everybody knows how to talk a good game. Most dating apps let you set up a free profile but then make you pay a monthly subscription fee to actually message people. In my Quezzy The CEO App you can see a list of the top 11 dating apps that you can use to meet new people and potentially find the love of your life.

Meet people through friends

Some people don't feel comfortable finding love over the computer. There's nothing wrong with doing it the old fashion way. Most people meet potential partners through their friends. Don't be afraid to ask your friends if they know somebody that might be good for you. Your friends know you and hopefully, they will keep your preferences in mind when deciding who they might hook you up with.

Social events

You can also look for events where you can go and socialize. Even in the most boring city there are usually places that you can go to mingle with new people. Try to choose events that are geared around

your interests. It could be a church event, a work-related event, or an event centered around music or other hobbies. The point is to get out there and socialize. You can't meet new people if you never leave the house.

Talk to strangers

Also, remember that you are not a kid anymore and it is okay to talk to strangers. Make it a point to speak to everyone you encounter, especially if they interest you. This doesn't mean that you have to approach them and engage them in deep conversation. If you are standing in line next to someone, you could simply comment on how slow the line is moving. There is always some random and seemingly innocent thing you can say to someone to spark a conversation without letting it be known that you are interested in them. If you notice that they do not want to let the conversation end, then you might have found someone who is interested in you as well.

WHAT IS THE BEST WAY TO GET TO KNOW SOMEONE NEW?

Informative dating

So let's say that you are back on the market. You put yourself in position to be found, or you approached someone that seems to have a genuine interest in you. What do you do now? Once you find someone that you would like to get to know you have to do something I call informative dating. This is probably the most important stage of building a lasting and loving relationship. Most people get so consumed with the idea of being in a relationship and are so excited about finally meeting someone new that they skip this very important stage.

Getting to know someone is more than flirting, holding hands, and kissing. It's about searching for information. Your goal is to see if this person is someone you would be willing to form a serious relationship with. You need to find out if you are truly compatible. There is no quick or easy way to do this. It's going to take time and most people don't spend enough time trying to find out if their potential partner is who they say they are.

Choosing the right venue

When you're trying to get to know somebody choosing the right dating atmosphere is crucial. you need to stay away from loud places and places where you will be constantly interrupted. You also need to stay away from places that are not conducive to conversation. When your goal is getting to know someone, do not take them to the movie theater. It may be nice to be physically close to someone but it is impossible to engage in meaningful conversation while you are watching a movie. It is also a bad idea to go out to a club or loud bar because it is nearly impossible to talk over the music and the high energy atmosphere. When your mission is getting to know someone, go out to places where the two of you can be alone. You can go out to a nice quiet restaurant or you could prepare a nice romantic meal at home. You can go for a walk or go to a museum or art gallery. You could play a couple rounds of miniature golf or simply turn on some Netflix and let the tv watch you. The point is, you need to go somewhere quiet where the two of you can actually talk. There are a lot of questions that need to be answered and that can't happen if you have to fight over a bunch of noise just to hear each other.

Ask questions

Once you have found a suitable atmosphere that is conducive to conversation, it is time to start asking a few questions. Of course, you can't find out everything you want to know all in one day. Your partner has to get comfortable with you and there has to be a certain level of trust before anyone is willing to divulge their entire life story. Be patient and over a period of time, try to find out who your potential partner really is. How many serious relationships have they been in? What is the relationship like between them and their family? What are their goals and plans for the future? If you can, spend time around their friends. Pay attention to how they treat other people. Find out what their religious and political beliefs are. How stable is

their personal life? Do they have a job? Are they behind on their bills? Their economic status should not be a deal-breaker, but you do need to know what you will be getting yourself into. People who aren't financially stable tend to lead high-stress lives. In short, you need to ask question after question after question. In my Quezzy The CEO App, you will find a game called “Get to know him first” that can help you and your partner get to know each other better. There are also questions for people who have been in a relationship for a while and even frisky questions to add a little fire into your relationship. You need to take a genuine interest in this person that you are thinking about sharing a life with. If you find that you are not interested in getting to know them that deeply your attraction towards them is probably superficial and you do not need to consider them as a potential partner.

Keep your excitement in check

During this “get-to-know-you” stage the romance and the affection is usually on overdrive. You are very excited to see each other and be in each other's presence. You must be very careful during this stage because you might see things that can become potential problems later on and overlook them. The excitement and the newness can blind you and cloud your judgment. I am not saying that you should not enjoy the bliss that meeting someone new can bring, but if your intention is to have a loving and lasting relationship you need to pay attention to everything from the very beginning. I'm sure you are tired of investing months and years into a relationship just for it to end badly because you didn't pay attention to the small warning signs early on. In my Quezzy The CEO App there is a game called “Relationship Warning Signs that can help you stay on point.

How To Change Your Relationship Status Handbook

(The commitment stage)

Once you and your partner have decided that you truly want to be in a relationship with each other one of you will probably suggest that the two of you start dating exclusively. Now that you are boyfriend and girlfriend, it's time to really see if the two of you are as compatible as you hope you are. Now is the time to revisit your "why". Ask yourself again why you want to be in a relationship. A lot of people get into relationships because they want someone they can own. They are not truly interested in having someone to share life experiences with. All they know is that they are attracted to someone in some way and they want to make sure that no one else can have them. Most relationships spend their entire existence being jealous of each other's activities trying to prevent each other from being the people they really want to be. I have seen many so-called relationships that wouldn't even let their partner spend time with their friends. So again, why do you want to be in a relationship? After a while, the newness of the relationship fades away. This is when you can find out what you truly have in a partner.

HOW DO YOU KNOW IF SOMEONE IS RIGHT FOR YOU?

Relationships are about love, but what does that mean? What does it mean to be “in love” and how is that different from loving your friends or loving your family? That answer to that question is the key to finding and keeping Mr. or Mrs. Right. In my opinion, there are 4 types of love that are most relevant when it comes to strong emotional connections between people. Understanding the differences between these different types of love will make it absolutely clear to you whether or not you have found Mr. or Mrs. Right.

Family love

Family love is something that most people receive their entire life. It is an unconditional type of love that deals with protection and the complete acceptance of a family member. When you think of a family, you think of people who will be there for you no matter what. You do not have to have anything in common with them, and you don't even have to like them, but you know that if things hit the fan or if times get hard, your family will be on the front line ready to help

you.

Friendship love

Friendship is a different type of love. This Is the love between people who have similar things in common and who take an active role in each other's daily activities and interests. There is a different kind of closeness between friends than there is amongst family members. Friends tend to spend more time together. They listen to each other's problems, laugh at each other's jokes, and genuinely enjoy being around each other. Even though it would seem that the love between friends is stronger than family, it usually isn't. Friends may be there to listen to your problems, but family is usually there to help you solve them. The love of a friend is not unconditional. People evolve and grow, and over time your interests and priorities will change. Everyone knows what happens when you no longer have things in common with your friends. The friendship is over.

Romantic love

Romantic love is completely different from the love of family or friends. Romantic love is not about sharing similar interests or supporting someone through difficult situations. Romantic love is about fulfilling the human need to be desired. Everyone wants to feel like they are attractive. We have a need to hold and be held. We like to show and be shown affection. We like to give and be given gifts and we like when people say sweet things to us. Romantic love is about intimacy. It is about sharing hugs, kisses, and caresses with someone. It is about being special to someone in a way that cannot be fulfilled by family or friends. While it doesn't have to be sexual, it does take its root in the natural instinct for all creatures to find a mate. The problem with romantic love is that it is usually superficial. It doesn't require that the two of you share common interests nor does it require that you support and be there for each other through the hard times. It is merely an animalistic instinct based on hormones

and pheromones that urges us reproduce. Romantic love can be a beautiful thing, but it should not be mistaken for the deeper emotional connections that are present in the love of family or friends.

Being in love (Mr/Mrs right)

So what does being in love mean? How do we know that our partner is the right one for us? We watch movies and listen to love songs and we learn from an early age that it is wonderful to fall in love with somebody and have someone fall in love with us. But these movies and love songs don't tell us what being in love actually means.

Being in love is probably the deepest and most difficult stage of love that a person can reach. When you are in the boyfriend and girlfriend stage of a relationship you are testing the water to see if the two of you are truly compatible. The goal is to fall in love with your partner to the point where you want to spend the rest of your life with them. While there are surely other forms of love, once you understand family love, friendship love, and romantic love, it is easy to understand what being in love truly is. It is the combination of all three.

When you have found your Mr. or Mrs. Right, when you are truly in love with someone, you will support them through the difficult times. You become part of their family just as much as their mother, father, sister, or brother. Your Love becomes unconditional and almost unbreakable. A married couple has become a family. Even if the relationship ends they will always have the type of family love for each other that will make them care about each others well being even if they do not want to continue being In a relationship.

Being in love also means that you are friends. You share common interests, you laugh at each other's jokes, and you genuinely like spending time together. You can talk for hours about nothing and

How To Change Your Relationship Status Handbook

you can enjoy new experiences together and never get tired of being in each other's company. This is why there are so many books and movies about best friends falling in love. Before you can be truly in love, you have to be friends.

Being in love also means that you desire each other. Together you are able to fulfill the need to be kissed, caressed and pampered. You have a desire to be romantic with your partner and show them that they are special to you in a way that your friends and family can't be. It is extremely difficult for a relationship to last if either partner is not satisfied with their sex life or if they feel like they are no longer attractive or desirable to their significant other. Looks change over time and the activities in the bedroom can become routine and boring if the couple stops trying to find new ways to spice things up

Not many couples are able to reach the true state of being in love with each other. This is usually because they get into the relationship for the wrong reasons. They may have been looking for love but they didn't know what kind of love they were looking for. They may have been searching for a family, they may have been searching for a friend, or they may have been searching for romance, but they didn't understand that to form a loving and Lasting relationship you have to make sure your partner is a source of all three. If you can honestly say that you are in love with your partner and you believe that your partner is truly in love with you, then my friend, you have found your Mr. or Mrs. Right!

CONGRATULATIONS!

Well, by now you should have already logged into your social media accounts and changed your relationship status from “single” to “in a relationship”. You have all of the basic tools and knowledge that you will need to enjoy a happy and long-lasting relationship. It is going to take some time to find the right one and even when you do it is going to take work. But believe me, if you follow these steps and are truly ready to be in a relationship, it will be worth it! Check out my Quezzy

The CEO App (which will be released June 2019) for more relationship building tools and games. And when you find your soulmate, don't forget to invite me to the wedding!

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How To Change Your Relationship Status Handbook

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